

Body Language Childcare Policies

We are very thankful and excited that you bring your child along side you to your workouts. We believe in a healthy family as a whole. We want your children to have a safe and enjoyable environment at Body Language.

Age Policy:

- No child under the age of 3 can be left alone in the child care area without supervision by a Body Language staff member.
- All children under the age of 12 are required to be in the childcare area. If child is with an adult while working out and paying for a membership for their child, this is subject for discussion.

Food and Drink:

- Please refrain from bringing any food that contains peanuts. Any drink needs to be brought in a spill proof container.

Equipment:

- All gym equipment is off limits to children. This is a huge liability to the gym. Please abide by this rule.

Time Limit:

- To ensure a safe and happy environment for all children a 1 hour and 15 min time limit is set for child care. You will be given a timer that will go off when it is time to pick up your children.

Scheduling:

- You must sign up for child care by the day before by 6 pm on our MindBody app. This allows us to have adequate staff and care for your children. If you sign up and no show or cancel late within 2 hours you will be charged a \$10 late fee.
- If you don't schedule a time slot the day before, you may call the office to see if there is availability for same day care.

Hours of Operation:

M-F 8:30-11:30am

M-TH 3:30-6pm

Saturday- 8-12pm

Failure to follow these rules will result in having your membership revoked. These policies are in place to keep your children safe and provide a happy environment for everyone.

I, (please print name) _____, understand these policies to their entirety and will follow them to the best of my ability.

Signature

Date